

## Criteria for Independent Living

At Orchard Estates, our hope is that tenants feel a sense of community and are happy to call this their home. We strive to provide an enjoyable, peaceful and friendly environment for all of our tenants. The sense of community created at Orchard Estates is largely dependent on the good will created by the conduct and courtesy of each tenant. In support of this, tenants are expected to:

- Treat each other with dignity and respect, honoring each person's individuality and right to privacy
- Refrain from behavior that is offensive or threatening to other tenants, guests or staff
- Refrain from behavior that could be dangerous to themselves, other tenants, guests or staff
- Refrain from any form of discrimination, hostility or aversion toward another tenant, guest or staff based on that person's status or disability, or that of the person's relatives or friends

Tenants who have concerns or complaints regarding the conduct and courtesy expectations should refer to the complaint resolution policy described in the policy manual.

**1 Tenant must be able to perform the activities of daily living or obtain the necessary assistance.**

- a. Be able to dress and groom self to maintain personal cleanliness and hygiene
- b. If assistance is needed with bathing, the tenant or family/responsible party will arrange for assistance
- c. If assistance is needed with laundry, the tenant or family/responsible party will obtain assistance
- d. If incontinent, the tenant must be able to manage his or her own incontinence program, i.e., keep clean and dry; and be able to manage odor and disposal, i.e. diapers disposed of properly and NO constant urine or bowel odor

- 2 Tenant must be able to safely prepare meals and operate appliances or obtain the necessary assistance.**
- 3 Tenant must be responsible for own routine medical care.**
  - a. Be able to take medications independently or obtain assistance if needed
  - b. Staff will assist you in calling the doctor or family/responsible party when medical help is needed. The family/responsible party is responsible for arranging transportation, medical help, etc.
- 4 Tenant must be able to ambulate safely or use necessary support equipment independently.**
- 5 The apartment must be maintained in a clean, orderly manner.** If additional cleaning is necessary, the family member/responsible party must provide or obtain the necessary assistance.
- 6 No tobacco of any kind is allowed in the building, on balconies or patios, on the grounds or in private vehicles.** Orchard Estates is subject to the No Tobacco policy of Glencoe Regional Health Services.
- 7 If confused, the tenant must:**
  - a. Be cooperative
  - b. Stay in their own area where they can find their way back to their own apartment
  - c. Have a safe environment, i.e., stove off when not in use, doors closed to outside during winter

If it is determined that a resident can no longer live safely even with additional services, the family will be notified and alternate placement options will be discussed. The 30-day notice requirement may be waived if the safety of the tenant is in jeopardy or if the tenant's behavior warrants more immediate action.